



service
innovation

Lifeworks Multi-Sensory Environments

Innovative spaces designed to alert, stimulate, or calm the senses

Lifeworks Multi-Sensory Environment are especially beneficial for people with sensory processing difficulties, autism, dementia, chronic pain, and anxiety. Benefits can be noticeable in just 1-3 visits.

Benefits of Lifeworks Multi-Sensory Environments:

- Reduce sensitivity to noise, textures, and foods
- Enhance ability to communicate wants and needs
- Decrease pain and muscle tension
- Increase ability to relax and lessen anxiety
- Increase ability to focus
- Decrease negative or harmful behaviors


Examples of positive results:

- One child who would not eat cold food, can now eat ice cream
- A child who could not tolerate running water can now take showers and play in splashing water
- A child who randomly ran off in public places, now stays with the parent and listens to direction
- Several children have had fewer outbursts
- Many children have increased their interaction and engagement with other family members

Sessions are available for \$41 for a half-hour session through private pay, Consumer Directed Community Supports (CDCS), or Consumer Support Grants (CSG).

For more information about Lifeworks Multi-Sensory Environments contact:

Jennie Delisi, MA, NMT, MT-BC
651-365-3740
jdelisi@lifeworks.org



Lifeworks Multi-Sensory Environments are available at the following locations:

- Lifeworks Brooklyn Park
- Lifeworks Burnsville
- Lifeworks Eagan
- Lifeworks Hastings
- Lifeworks North Mankato

Lifeworks Services, Inc.
www.lifeworks.org

2965 Lone Oak Drive, Suite 160
Eagan, MN 55121
651-454-2732